



Subject: Psychology

Chapter: Unit 2

Category: Practice Question

1. Definition of Motivation. Explain each elements involved in the motivation process.
2. Explain Need Hierarchy Theory by Abraham Maslow.
3. Explain Theory X and Theory Y
4. Explain Fredrick Herzberg's Two – Factor Model
5. Goal setting theory and it's 7 principles
6. Write a brief on the Expectancy theory
7. Explain the Equity theory in short
8. The University of Michigan Studies – Write a brief
9. Fred Fiedler's Contingency Model – Write a brief
10. What is Charismatic leadership? State the characteristics of a charismatic leader
11. Who are transactional and transformational leadership?
12. Define mentor. List the benefits and drawbacks of mentoring



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