

Subject: Psychology

Chapter: Unit 4

Category: Practice question 4



- 1. Define emotions and state it's features.
- 2. Short note on the major sources or causes of emotion
- 3. Define emotional intelligence and write the opinions of critics on emotional intelligence
- 4. Define emotion regulation and it's drawbacks.
- 5. Write a brief on the factors that are forcing organisations to change
- 6. Define stress and write a note on environmental stressors



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