## Team Building

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- Team building creates stronger bonds among the members of a group. The individual members respect each other and their differences and share common goals and expectations.
- Team building can include the daily interaction that employees engage in when working together to carry out the requirements of their jobs. This form of team building is natural and can be assisted if the group takes the time to come up with a set of team norms. These norms help group members know how to appropriately interact on the team and with the rest of the organization.

 Team building can also involve structured activities and exercises led by team members. Or, with the proper budget and goals, managers can contract out for <u>facilitation with an external resource</u>. External facilitation by an experienced person can give your team building a boost

- outube.com/watch?v=jmIDwScJhLM
- <a href="https://www.youtube.com/watch?v=fm1gh5GAmWc">https://www.youtube.com/watch?v=fm1gh5GAmWc</a>
- <a href="https://www.youtube.com/watch?v=e-VjisHm4sw">https://www.youtube.com/watch?v=e-VjisHm4sw</a>

Schavenger Hunt

Bring me something

Draw what u hear

Spin a Yarn

Sentence Sterns

Mission Recall

- Minute to win
- Opposite actions
- Tongue twister
- I Have in my Room