### Lecture 1



Class: TY BSc

Subject: Psychology of Human Behaviour at Work

Subject Code: PUSASQF601

Chapter: Unit 2 Chp 5

Chapter Name: Mentoring



# Today's Agenda

- 1. Mentoring
  - 1. Functions of a mentor
  - 2. Needs for mentoring
  - 3. Benefits of mentoring
  - 4. Drawbacks of mentoring



## 1 Mentoring

Definition of a mentor:



A senior employee who sponsors and supports a less experienced employee called a protégé.

- When a leader takes up the responsibility of nurturing future leaders, it is called mentoring.
- A good successful mentor is a good teacher who presents his idea clearly and listens attentively and patiently to his protégé's problems.
- A mentoring relationship develops when a leader identifies an employee at a lower level in the organization who has potential but is inexperienced.
- To check his potential, the mentor sets some challenging task for the protege and if he performs acceptably then the mentor begins an informal relationship with the protégé.



## 1.1 Functions of a mentor

The relationship between a mentor and his protege has two functions: **Career function** and **Psychological function**.

### 1. Career function

#### a. Lobbies

The mentor lobbies with the organization to ensure that the protégé will get challenging assignment and he is seen by the important people in the organization.

#### **b.** Coaches

The mentor coaches the protégé to develop his skills and achieve the objective of his work.

#### c. Protect

The mentor protects the protégé from dangers and risks that could harm the reputation of the protégé.



## 1.1 Functions of a mentor

#### d. Nominates

The mentor nominates the protégé for positions that will lead to his growth in the organization.

### e. Sounding board

The mentor serves as a sounding board or outlet for the protégé. The protege can share those ideas with the mentor that he finds difficult to share with his immediate supervisor.



## 1.1 Functions of a mentor

### 2. Psychological Function

#### a. Advisor

The mentor advices and encourages the protégé and thus increases his self-confidence.

### b. Life Experiences

The mentor shares his own work and life experiences with the protégé.

#### c. Role Model

The mentor serves as a role model for the protégé.

### d. Friendship

The mentor provides friendship and acceptance to the protege.



## 1.2 Needs for mentoring

Explanation have been put forward as to why leaders want to mentor:

### 1. Share their experience & knowledge

Mentoring gives them an opportunity to share their experience and knowledge with the younger generation. They can also leave behind their legacy.

### 2. Attitudes of employees

Through mentoring, leaders get an opportunity to know about the attitudes of employees at lower levels in the organization

### 3. Warning of potential problem

Through their protégé's, leaders get advance warning of the potential problem areas in the organization.



## 1.3 Benefits of mentoring

- Research has found that the benefit of mentoring is **more psychological** than in terms of job performance and pay.
- It provides the protégé access to important resources in the organization.
- It helps the protege to develop a **good network of relationships** with important people know to the mentor. This will help the protégé to advance in his career.



## 1.4 Drawbacks of mentoring

- Research has found that mentoring is more likely to take place when the mentor and the protege share similar ethnic, religious, educational and gender backgrounds.
- The protégé may not invest much of himself if he feels the relationship is forced upon him.
- If a mentor doesn't see this as a mutually benefitting relationship, he may not invest his time efficiently on the protégé.